

## **Resilience - School Protective Factor Indicators**

### **School: Caring and Support**

- Creates and sustains a caring climate
- Aims to meet developmental needs for belonging and respect
- Offers extra individualized help
- Pays personalized attention
- Gets to know hopes and dreams
- Looks beneath “problem” behavior
- Uses humor/smile/laughter
- Is flexible, shows patience
- Uses cross-age mentors (older students, family/community members)

### **School: High Expectations**

- Sustains a high expectation climate honoring each student’s unique strengths
- Conveys “no excuses, never give up” philosophy (persistence and determination)
- Models and teaches that mistakes and setbacks are opportunities for learning
- Sees students as vital partners in school improvement
- Focuses on whole child (social, emotional, cognitive, physical, spiritual)
- Connects learning to students’ interests, strengths, experiences, dreams, and goals
- Encourages creativity and imagination
- Conveys optimism and hope
- Articulates clear expectations/boundaries/structure
- Provides clear explanations, holds students accountable
- Uses discipline that is consistent, strict, and fair
- Uses as variety of instructional strategies to tap multiple intelligences
- Groups students heterogeneously
- Continuously challenges racism, sexism, ageism, classism, and homophobia
- Helps to reframe self-image from at-risk to at-promise
- Encourages self-awareness of moods and thinking
- Calls home to report students’ good behavior and achievements

### **School: Participation/Contribution**

- Practices equity and inclusion
- Aims to meet developmental needs for power/autonomy meaning
- Provides opportunities for problem-solving
- Infuses communication skills into all learning experiences
- Creates opportunities for creative expression
- Includes and engages marginalized groups
- Infuses service/active learning
- Uses adventure/outdoor experience-based learning
- Offers peer helping, offers cross-age helping
- Offers cross-age helping, uses cooperative learning