

WVFACT MODEL OF KTFC

KTFC TRAINING SESSION	KTFC COMPTENCY AREAS	SPECIFIC OBJECTIVES
Session 1: 3 hrs Therapeutic Kinship Parenting & The Impact of Trauma	Therapeutic Kinship Parenting Understanding the Impact of Trauma Child Development and Attachment	<ul style="list-style-type: none"> -The roles and responsibilities of the KTFC provider -The Kinship Triad and navigating kinship parenting -The Treatment Team and Intervention Plan -Self-Care and Building Parental Resilience -Overview of trauma and understanding ACEs -Overview of child development and attachment -How trauma impacts child development/attachment -Signs of trauma at different ages -Attachment styles and strategies to support safe relationships with children
Session 2: 3 hrs Understanding Trauma-Related Behavior	Trauma-Related Behavior Parenting a Child with a History of Sexual Trauma The Impact of Substance Use	<ul style="list-style-type: none"> -Trauma-related behavior and the impact of trauma on the brain -The science of trauma -Sexual trauma - behavioral signs, risks, preventing re-victimization, and creating a safe environment -Impact of Substance-Use; stigma, prevalence, commonly used substances and effect on child development, the brain, and behavior
Session 3: 3 hrs Mental Health Considerations & Accessing Services/Supports	Mental Health considerations Separation, Grief, & Loss Accessing Services and Supports	<ul style="list-style-type: none"> -Mental Health considerations and grief/loss -Mental health stigma prevents help -Treatments and behavior management of behaviors related to common diagnoses given to children/youth in foster/kinship care - Separation, grief, and loss behaviors that indicate children/teens are struggling with loss/grief ambiguous loss and grief -Advocating for services and accessing supports -Understanding and Building the Therapeutic Network of Support
Session 4: 3 hrs Trauma-Informed Parenting & Crisis Intervention	Responding to Children in Crisis/Trauma-Informed Parenting Effective Communication	<ul style="list-style-type: none"> -Trauma-informed parenting strategies -The importance of safety planning and safety plans -Establishing rules and setting boundaries -Crisis prevention, management, and de-escalation strategies -Understanding a crisis and the 4 stages of a crisis -Identifying triggers -Maintaining safety -Effective Communication with children who have histories of separation, loss, and trauma