

The Nurtured Heart Approach®

Zoom Presentation A 3 Session Immersion Series

May 9, 2022 (Monday)

May 18, 2022 (Wednesday)

May 23, 2022 (Monday)

6pm - 8pm.

Facilitated by Wendy Baracka, LICSW,
Certified NHA Advanced Trainer
6 in-service hours for Foster Families
Shepherd University Pride Program



**Parents , Caregivers, Educators,
Service Providers...**

Learn the 3 Stands™ of NHA to:

- Transform your relationships with children and adults
- Develop inner wealth in yourself and others
- Break the cycle of focusing on problems and challenges
- Set and maintain clear boundaries



Please Follow The QR Code For Easy Registration
Or If Needed , Please Email
Sarah Anders at sanders@shepherd.edu